

Confidentiality

Client's communications with their therapist are confidential. You need to know that you can talk freely about any subject and that what you say will be held in confidence. I will explain this to new clients in the first session and answer any questions regarding the limits of confidentiality that are mandated under California State Law. The office of Anne Diedrich, MFT also complies with the HIPPA standards to ensure that your medical information is kept confidential.